

# Bergen - City Break and Fjord Cruise



HOLIDAY TYPE: Flexible Dates VISITING: Norway BROCHURE CODE: 5220 DURATION: 3 nights

## In Brief

As a UNESCO 'City of Gastronomy', home to historic Bryggen and known as the 'Gateway to the Fjords', Bergen is an exceptional year-round destination to discover Norway's vibrant mix of Scandinavian sophistication and utterly breathtaking natural beauty.

## Our Opinion

Having never been to Norway before, Bergen was just the introduction I needed. A buzzing city with the country's famous fjords right on its doorstep - I have never

seen natural beauty like it!

Amy Hope







# What's included?

- Transfers: return airport transfers
- Accommodation: 3 nights at the Clarion Admiral hotel in a standard double/twin
- Meals: 3 breakfasts and 1 picnic lunch and crab cookout session
- The following activities are included: City and culture tour, Mostraumen Fjord cruise and crab fishing and cooking in the fjords (the order of activities is subject to change)
- Fully qualified guides and instructors during activities

\*A note on flights: Flights are not included in this itinerary, however, Loganair are our preferred partner on this route and operates regional departures from May until late August (or October depending on the airport). Direct flights are also available from London Gatwick year-round and other regional departures may be available with a connection in Oslo. Our Travel Experts will happily discuss all available options with you at the time of booking.

# Trip Overview

Explore Norway's second-largest city and 'Gateway to the Fjords' at any time of the year during this three-night cultural city break.

Bergen is known for its UNESCO accolades - there's the world-famous Bryggen Wharf where colourful houses surround the bustling harbour, as well as Bergen's status as 'City of Gastronomy' thanks to the varied and vibrant food scene. You'll discover both during a city and culture tour with a knowledgeable local guide who will take you to all the famous spots as well as some hidden gems only the locals know about. There will also be ample opportunities to sample some exquisite food and for the real foodie travellers, the chance to fish and cook your own crabs will be a real highlight. You can also add a guided food tour of the city - you can find more details in our '<u>Personalise</u>' section.

You will also have plenty of time to wander the streets independently. As you walk, look out for the colourful graffiti, the wonderful architecture like that of Fantoft Stave Church and the charming short streets - some of which are so short they only contain one building!

A trip to Norway wouldn't be complete without getting up close to the famous fjords and in honour of



its 'Gateway to the Fjords' name, this trip also includes an exceptional cruise to Mostraumen where the fjord narrows to completely surround you with impressive rock formations and cascading waterfalls.

Bergen gives you the chance to discover a city rich in both vibrant culture and unbelievable natural beauty. It is an ideal location to get to know Norway away from large amounts of tourists, and this carefully crafted itinerary ensures you come away with exceptional insight into this fantastic city, no matter what time of year you choose to visit!

Image Credits: Bergen Tourist Board, Lars Korvald, Philippe Brechet, Brian D. Bumby, Harald Hansen, Nordlandblog.com, Sverre Hjornevik, Girish Chouhan, Robin Strand, Fjord Norway, Bergen Reiselivslag, VisitBergen.com

# Agenda

Please note the order of activities is subject to change



Upon arrival at Bergen Airport, you will be met and transferred to your city centre hotel. As you are in a prime location to explore, we recommend heading to one of the nearby local restaurants to start your trip with some tasty delicacies.

#### Included Meals: None



Today following breakfast, you will see why Norway is so famous for its nature and in particular, its dramatic fjords.

Just a short walk from your hotel, you will board the modern catamaran. Make use of the large deck to get a first-class view of the fjords, mountains and waterfalls as you make your way to Mostraumen.

The cruise starts from Zachariasbryggen, next to the well-known fish market. As you travel out of Bergen, you will have great views of the colourful buildings of Bryggen before reaching the 27 kmlong fjord, named Osterfjord. As you cruise nearer to the Mostraumen strait, the fjord narrows leaving you surrounded by jaw-droppingly steep mountains. You will get close to several waterfalls and the crew will even try and collect a sample of the fresh mountain water for you to taste.

Make sure you are keeping an eye out for the abundance of wildlife including eagles, seals and goats. You will be out for approximately 3 hours and there is a kiosk on board selling beverages, snacks and small dishes. The cruise operates year-round - if there is ice on the fjord which limits accessibility, an alternative route will be run.



Following the cruise, you will have a free afternoon and evening to enjoy Bergen as you please. If you wish you can add on an optional activity such as a segway tour - see our '<u>Personalise</u>' tab for more information.

#### Included Meals: Breakfast

DAY 3 CITY AND CULTURE TOUR OF BERGEN AND CRAB FISHING AND COOKING IN THE FJORD

Today, following breakfast, you will have free time in the city to spend as you please before your guided tour. Why not add on a food tour experience to really understand why Bergen has been named UNESCO's City of Gastronomy? Details can be found in our '<u>Personalise</u>' tab.

This afternoon, you will discover the vibrant culture of the city with a guided tour of Bergen. You'll visit the must-see places as well as some hidden gems that only the locals know about. As well as this, you will also be treated to a picnic lunch to sample some local produce at the top of Mount Fløyen. You will be met at your hotel for the start of the tour and it will last for around 2-3 hours.

Don't fill up too much at lunch though, as this afternoon you will be taken out into the fjords to fish for crabs and then be shown how to cook and prepare your catch back in the cosy boathouse. This experience not only gets you out in the natural environment to see how the local fishermen work but also provides a complete experience for your tastebuds!

#### Included Meals: Breakfast, Lunch

DAY 4	DEPARTURE		

Today it is, unfortunately, time for your break in Bergen to come to an end. Following breakfast, you will be transferred to the airport for your return flights home.

Included Meals: Breakfast

# Personalise this tour

### Our pick





## On Top of Bergen

This hike is a must-do if you want to get the most out of your visit to Bergen.

Your guide will take you out of the city and off the beaten track. The trail will take you through woods, past lakes, and on paths where we can hear the silence. You will meet your guide in the centre of Bergen, and use the funicular Fløybanen to make your way to the top of Mt Fløyen where the real hike begins.

Above Mt Fløyen you will enjoy pristine scenery, reaching

panoramic viewpoints above Bergen and the ocean surrounding it. Your guide is local and will be able to tell you about Norwegian culture, habits and history.

After hiking for about 3 hours we will return to the centre of Bergen.

#### Recommended equipment:

• Sturdy shoes, windproof jacket and trousers, sunglasses, food and drink. We also recommend bringing a light hat and gloves.

#### Key Facts:

- Duration: 2.5-3 hours.
- A medium level of fitness is required
- Distance: 4-5 miles
- Ascent in metres: 300-600 metres

Credit Lost in Norway

#### Other options

ACTIVITIES





## Segway Tour

Learn a new skill and explore the city during this Segway tour through Bergen! The tour begins a short walk from your hotel, near the cruise terminal where you will meet with your local guide who will show you how to use your Segway.

To warm-up, you will drive through the Bergenhus Fortress and into the beautiful park before heading to the famous UNESCO World Heritage Site of Bryggen and onto the fish market. Next, you will head to the aquarium and into the park Nordnes - one of the most beautiful

parks in the city.

Following this, you will travel up to the monastery before heading through some of the traditional alleyways and famous streets including Galgebakken and Knøsesmauet. You will ride past some exceptional landmarks including the theatre, the Blue Stone and John's Church before reaching Fjellveien, for fantastic views of the city.

The route has been carefully crafted by local experts to show you the best parts of the city whilst taking you away from heavily trafficked areas.

Duration: 2 hours, available all year round (unless there is snow). Departs at 10am, 12:30pm or 3pm.

Image Credit: Bergen Segway





### Food Tour

See for yourself why Bergen has been classed as a UNESCO 'City of Gastronomy' during this food tour of the city.

Meeting with your local guide just a short walk from your hotel, you will escape the bustling areas of Bryggen and instead, venture into local eateries for an insider's look into the wonderful history and culture of Bergen.

You will try classic dishes including wild salmon, fish soup, brown cheese and reindeer and come away with full

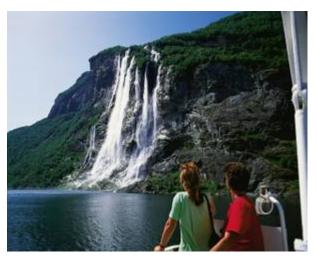
stomachs as well as new culinary knowledge of this fascinating city. Gluten-free and meat substitutes are available in some places, but seafood and dairy products are unfortunately not.

Duration: 3 hours departing at either 11am or 3pm

Please speak to our Travel Experts for a quotation.

Image credit: Bergen Food Tours/Ase-Marie Evjen





## Waterfall Abseiling

This adventure will start at Bergen's station which is just a 15-minute walk or a taxi ride of less than 5 minutes from your hotel. You will then take a scenic train journey to Voss which is less than an hour away, where our partners will meet you and give you a full briefing and issue you with the necessary equipment. With your harness, wetsuit and helmet, you will descend beside the spectacular Skjerve Waterfall down to the pool and verdant valley below. The first descent is about 20 metres down to a ledge and affords the perfect opportunity to build your confidence before the final 70-metre descent. Under

normal conditions, you will be right beside the cascading waters (water levels can drop a little in the height of summer).

You do not need any previous climbing experience for this activity, but we would stress that if you are not comfortable with heights this may not be the right activity for you.

You do need a reasonable level of fitness and flexibility to take part in this activity. If you suffer from any medical condition which may affect your participation, please advise us or your guide in advance.

You need to bring:

- Swimming suit/shorts
- Bring thermal underwear on cold days

**Duration:** About 5-6 hours (including return train journey) depending on group size.

Credit: Sverre Hjornevik & www.FjordNorway.com





## Whitewater Rafting

This activity starts from Bergen station (a 15-minute walk or short taxi journey from your hotel) for the scenic journey to Voss where our local partners will meet you.

Depending on the water level, you will either raft the Stranda or Raundal rivers, both of which offer world-class white water. The Stranda river section is about 8kms with 9 spectacular rapids and several beautiful stretches.

The Raundal river is about 7 km of world-class white water running through a beautiful remote canyon. The Raundal

is generally used when the water level in the Stranda is too low, normally through August–Sept.

Participants must be 15 or over to join this activity and possess a reasonable level of physical fitness and be able to swim. If you suffer from any medical condition which may affect your participation, please advise us or your guide in advance.

You need to bring:

- Swimming suit/shorts
- Bring thermal underwear on cold days

#### **Duration:**

- About 5-6 hours including the return train journey
- About 1.5 2 hours on the river

Credit Visit Bergen & Jannicke Andersen

# Included Accommodation

Clarion Hotel Admiral (Nights: 1-3)





The hotel is located in the middle of Bergen with a fantastic view over the entrance to Vågen bay, the famous UNESCO world heritage site of Bryggen, Mount Fløyen and the fish market. With the sea on three sides, you get a maritime feel, enhanced by it being situated in a historic warehouse, while the hotel's interior is fresh and modern. The terminal, where the ferries to Stavanger or Sogn and Fjordane, among other locations, is close by and Bergen Railway Station is just five minutes away by taxi.

### Hotel Facilities

- The Admiral has a bar and restaurant and it is also possible to sit out on the terrace to make the most of being right on the waterfront
- The hotel has free Wi-Fi throughout
- Day passes are available for the Arctic gym which is just 5 minute's walk away
- The hotel is cash free

### Room Types

**STANDARD ROOMS**: the rooms feature classic design and comfortable beds and either traditional hardwood and carpeted flooring. The rooms are equipped with a minibar, kettle, desk, chair, iron and ironing board. Toiletries are included.

# The Specifics

### Holiday group size (approximate)

Minimum 1 person; maximum 30 people (approximately)

## Group Size

We always try to provide an approximation of the group size you can expect to be with for the duration of each of our holidays. It may be that you are joined by others for parts of your holiday (such



as transfers and particular activities) but the above number reflects those you can normally expect to be with from beginning to end. If group size is something which is particularly important to you, please speak to our Travel Experts and they can suggest the best holidays for you.

Tailor-made holiday group sizes will vary for all activities as will the group size for any additional activities you book.

### Minimum Numbers Required For A Holiday To Operate

Our full booking terms and conditions can be found on our website: <u>https://www.artisantravel.co.uk/</u> <u>booking-conditions</u>

#### Minimum and maximum age

If a specific minimum age applies to this holiday, it can be found in the Key Facts box on the holiday Overview page.

Unless otherwise stated in the in the Key Facts box on the holiday Overview page, the minimum age for participation in an Artisan holiday is typically 8 years old (there may be younger children in some destinations who have booked with other companies). If an adult-only environment is important to you, then please contact our Travel Experts and they will advise on the best dates and destinations for you. If you are looking for a holiday designed specifically for families then please see our sister company <u>www.activitiesabroad.com</u>

#### Itinerary amendments

The order of activities listed in this agenda is provided for guidance only, your final and detailed itinerary will be provided either with your final travel documents (which are uploaded into your online account around a week prior to departure) or upon arrival.

#### Terms and Conditions

Our full booking terms and conditions can be found on our website: <u>https://www.artisantravel.co.uk/</u> <u>booking-conditions</u>

